

DRUGS FEARFUL AND AWFUL

Amazing Concoctions That Our Ancestors Swallowed, Believing That They Had Medicinal Virtues.

The medicines used down to even recent days sound most extraordinary to our ears. As late as the eighteenth century dried toad was seriously considered a specific against the plague. In an article in the *New York Medical Journal* Dr. William Renwick Biddell of Toronto, Canada, mentioned a few of the remedies in vogue.

A plaster made of arsenic was applied to cancers. Bleeding was practiced on all occasions, even in the time of our grandparents. But the sovereign remedy of all was known as mithridatium or theriaca. This was the great antidote of Roman pharmacy. It originally had 40 or 50 ingredients, all vegetables, but Nero's physician, Andromachus, added the flesh of vipers. Every physician had his own variation of the formula, and Matteo in the sixteenth century put no less than 120 ingredients into it.

The name theriaca or theriac, under which it was commonly known, was derived from the Greek "therion," a wild beast, as the stuff was considered a specific against the poisonous bites of beasts and serpents. The French word "theriaque" was corrupted into the English "treacle," and the medicine was known in England as "Venice treacle." It was the famous Sydenham who first opposed the use of drugs. In fact when Sir Richard Blackmore asked him for a good guide in practice, he replied: "Don Quixote," and declared that the arrival of a good clown would do more for the health of a city than that of 20 asses laden with drugs.

Petroleum's Discovery.

In 1859, on the 28th of August, petroleum was discovered at Watson's Flats, Pa., near the head of the Allegheny river. Edwin Drake bored the first oil well, and before the end of the year Drake, under the firm name of Drake & Bowditch, bored through the rock at Titusville to a depth of 71 feet and struck an oil well that yielded 1,000 gallons a day. This discovery started the enormous oil industry in northwestern Pennsylvania.

Lucky Months.

According to Dr. Marcello Boldini one of Italy's greatest scientists, men born between January 1 and March 3 are stronger, taller and superior in intelligence to those whose birthdays fall in other months. This view is borne out by the researches of another Italian scientist, Deola Rovere.

Ingenious Pies.

Little Dickie was visiting his grandma, and after lunch she spoke to him about taking his afternoon nap. He looked shyly at her and did not speak. After a short pause she again mentioned his nap, and he said: "Why grandma, you wouldn't put your company to bed, would you?"

Wanted—Red-Blooded Men!

Happy and Successful People Everywhere Are Always in Great Demand

Best Friends—Red Blooded

Pepto-Mangan Produces Better Blood—Sold in Liquid and Tablet Form

Get into the red-blooded class if you are not there now. Take a few weeks' course of that splendid tonic—Pepto-Mangan and note how you improve in health and looks. Pepto-Mangan is a red-blood maker and is for sale at the drug store right near your home. It is put up in both liquid and tablet form. Take which you choose, but see that the name "Gude" is on the package. Without "Gude" it is not Pepto-Mangan.

It is the cry everywhere—"Wanted—Red-Blooded Men." The soldiers and sailors that won the war were red-blooded, two-fisted fellows. In business it is the red-blooded man that stands the strain and wins the big successes. The world has no place for the thin-blooded weakling. It is natural, too, that red-blooded men and women should have more friends, and they do. They are better human beings than the thin-blooded anemics, who are likely to be "grouchy" and irritable most of the time.

Needed Help.

Rather pretty young woman and small son on Clifton car. Gentleman sits opposite; stranger to lady and boy, but a lover of children. Cultivates acquaintance of youngster by means of smiles and winks. Boy receptive, but has not yet acquired the art of winking with one eye—can only squint with both eyes at once. Think nice stranger deserves better recognition; peremptorily and loudly calls to his mother for assistance. Thus "Mamma, wink at that man, I can't."—Cleveland Plaindealer.

A Plot Marred.

"I hear that the grocer discharged you for swindling him," remarked Mackindle to a friend. "It's a lie!" said the latter. "He asked me to put a lump of lead under one of the scales and I did so, and then in a few days when he examined it he told me to leave. 'Did you not fasten the lead on properly?' asked Mackindle. 'Oh certainly, I fastened it right enough,' was the reply, 'but it was under the wrong side of the scale that I put it and it weighed against himself!'"

A Lot of 'Em.

It's a queer world. If you don't think so try to count all the good friends who have been away on vacation that you haven't missed.

House room needed in Fernandina

WISDOM IN JUDGE'S CHARGE

Irish Jurist Warned "Good Men and True" Against Being "Obfuscated" by the Lawyers.

Round the library fire in the Four Courts, Dublin, Irish barristers long have gathered to spin yarns of their profession while waiting for briefs. One of these stories was of a novel charge to a jury given by a Gaelic judge, which is recalled by a writer in the *Irish World*, as follows: "Gentlemen of the jury," a judge began when counsel for the defense had concluded an eloquent and elaborate address, "Gentlemen of the jury, there are two courses, do you observe, to be adopted by counsel. The first is simple enough. If he has a middling case he endeavors to convince the jury. But if he has no case at all, if the evidence is all one way and the guilt of the prisoner is as plain, do you see, as the nose on his face, and no one but a fool or a juror could be asked to have a doubt about it, then counsel endeavors to obfuscate the jury! For counsel seems to think that when intelligent men come into a jury box they hang up their common sense with their hats and coats on the pegs behind them."

The Days of '49.

California was as popular 70 years ago as it is now, judging by an extract from a copy of a Missouri paper in the possession of a Rhythe (Cal.) man, dated 1849. The extra is an advertisement for an auction sale.

"Public sale, state of Missouri, county of Pike. To whom it may concern: The undersigned will, on Tuesday, September 25, A. D. 1849, sell at public outcry for cash, on the premises, where Coon creek crosses the Old Mission road, the following chattels, to-wit: Six yoke oxen with yokes and chains; two wagons with beds, three nigger benches, four buck niggers, three nigger boys, two prairie plows, twenty-five steel tracks, one barrel pickled cabbage, one hoghead tobacco, a lot of nigger hoes, one spinning wheel, one loom, thirteen fox hounds, a lot of coon, fox and skunk skins and a lot of other articles. I am gwine to California."

"N. B.—Gingerbread and hard cider free on the grounds."

Gets 'Em on the Fly.

The Wilson warbler is the champion fly-catcher of the United States. His method of getting most of his food is to dash out from the limb of a tree and snatch passing insects on the wing. They catch other insects which are fitting about or sitting on the foliage or blossoms of the trees. You will often find these little birds in apple trees when in bloom. Their olive green and yellow plumage harmonizes with the green leaves of the trees. The male bird has a black crown patch on the top of its head, while on the female this cap is greenish like the back. This bird is found throughout the eastern United States but winters in Central America.

Assyria's Great Queen.

Semiramis is called the "legendary" queen of Assyria, but Babylon was an old city before Nebuchadnezzar trod its dust. Semiramis had been the wife of Omnes, general in the king's army. In the siege of Bactria she herself led a forlorn hope against the walls and captured it. Enchanted by her power, King Nimrod resolved to make her his queen. Omnes committed suicide. At the king's death, Semiramis ruled the kingdom, founded Babylon, conquered Persia and Egypt, and made incursions into India, where in personal combat with King Strabobates she was wounded. She died at sixty-two, builder, terror, charmer—a great woman.

Nervous? Restless at Night? Ever Have Headaches?

How about your daily cup of coffee?

Suppose you try a change to

Instant Postum

This delightful cereal beverage possesses a fine coffee-like flavor, but has none of the harmful after-effects thru which coffee so often prevents vigorous, red-blooded health. Costs less, too.

Made by

Postum Cereal Company, Battle Creek, Michigan

Sold by Grocers and General Stores.

Watch the Sun's Halos.

The sun's halos are good weather signs. Many weather prophets based upon the observation of halos are founded upon sound scientific principles. Studies of the relation of halos to rainfall show that during the summer months 56 to 60 per cent of all halos are followed by rain within 36 hours. During the winter months 70 to 75 per cent are so followed.

True Poetry.

True poetry, like true eloquence, is the voice of nature appealing to the heart with its utmost sublimity and power. . . . Instead of teaching merely, it persuades, elevates, inspires. It excites a feeling where the other leaves an opinion or a maxim. It proposes examples of ideal excellence, and raises virtue into heroism.—Hugh Swinton Legare.

Curtailling the Time.

"I can't keep my watch from gaining time," remarked the man who is always fretted about something. "Can't a jeweler fix it?" "I doubt it. I begin to suspect that watch was made in one of those factories where nobody thinks about anything except shorter hours."

SPLENDID COUGH MEDICINE

"As I feel that every family should know what a splendid medicine Chamberlain's Cough Remedy is, I am only too pleased to relate my experience and only wish that I had known of its merits years ago," writes Mrs. Clay Fry, Ferguson Station, Mo. "I give it to my children when they show the slightest symptoms of being croupy, and when I have a cough or cold on the lungs a very few doses will relieve me, and by taking it for a few days I soon get rid of the cold."

SNOW HOUSES QUICKLY BUILT

Residence That Satisfies Eskimo Can Be Put Together in Something Like Six Hours.

It takes about six hours to build a first-class winter residence in Eskimo land. The material, snow cut from a bank that must have been made in a single storm, must be solid and homogeneous, fine, yet soft enough to be easily cut with saw or snow knife. The blocks are three or four feet long, two feet high and six to eight inches thick. They are piled on one another, some like in building a brick house, save that they are placed to form a spiral, inclined inward, to form a dome-shaped structure. When finished the house is 10 or 12 feet high and 12 to 15 feet in diameter, and has the appearance of a hemisphere of snow set on its flat side. An entrance, big enough to crawl through, is made on one side and on either side of it are cubby-holes for the storage of harness, spare food, etc. A window is cut in the wall and covered with seals' intestines, sewed together. These are translucent and admit daylight. In lieu of that a slab of clear freshwater ice may be used. The house is lined with skins to prevent the warm air from the inside from melting the snow roof. Between the skins and the wall there is always a layer of cold air. There is also a small hole cut in the roof for ventilation, and to provide a draught for the family lamp. On the side of the house opposite the entrance a broad snow bench is built, with a long pole for an edge. This is the family bed. For a mattress a thick layer of shrunken deer skins, clothes, when taken off, are rolled up, and put under the skins for pillows. One blanket of skins serves to cover the whole family.

Largest Custom House.

New York has the largest custom house in the world. Cost, \$4,500,000.

PLACES BLAME ON MERCHANT

According to English Visitor, He is Responsible for Extreme Styles Adopted by Women.

The more important question underneath the clothes question is what sort of appeal the new "audacious" styles are intended to make, or do make, says the Boston Transcript. Mrs. Beatrice Forbes-Robertson Hale's entertaining talk on this question starts off by saying frankly: "I do not believe that dress is based on a sex appeal." She thinks it is rather the reflection of a class appeal—the attempt to display wealth.

After democracy had done away with man's lace cuffs, frills, wigs, velvet cloaks and such ostentatious luxury of attire it became bad form for a man to show his class by his clothes, and so he advertises his prosperity by dressing up his wife.

"The modern American wife," says Mrs. Hale, "is nothing short of a shop window for her husband; she shows off his success. I speak of the average human critter, of course, not of the intellectual man. The cause of the inherent snobbishness of overdress comes from aping the thoughts of the old society system of Europe. Our education in dress here in America has come from the merchant who has goods to sell; we don't know where we are today, trying to wear all the styles these merchants are willing to sell us. We do not wear flimsy materials because we are trying to make a sex appeal, but because it is to the interest of the merchant to sell us something perishable."

What terrible creatures these women are who think and know how to speak! The mistake was in letting them learn the alphabet!

Coal's Uncertain History.

The story of coal is a very uncertain one. No one seems to know when it first began to be used for fuel. All through the centuries it pops in and out of English literature as something taken for granted, and when it was finally found well in the van of the great industrial expansion of a century or more ago it occasioned no special comment.

Quaint Baptismal Custom.

A pretty custom is followed at baptisms in Heligoland. While a psalm is being sung, a procession of little boys and girls troop in, passing in front of the altar. Each child carries a pannikin of water, the contents of which are poured into the baptismal font.

Home Brew.

"Come on up to the house for dinner and we'll give you some good homemade bread." "You have some good homemade beer, too, I suppose?"

Helps Sick Women

Cardui, the woman's tonic, helped Mrs. William Eversole, of Hazel Patch, Ky. Read what she writes: "I had a general breaking-down of my health. I was in bed for weeks, unable to get up. I had such a weakness and dizziness, . . . and the pains were very severe. A friend told me I had tried everything else, why not Cardui? . . . I did, and soon saw it was helping me. . . . After 12 bottles, I am strong and well."

TAKE

CARDUI

The Woman's Tonic

Do you feel weak, dizzy, worn-out? Is your lack of good health caused from any of the complaints so common to women? Then why not give Cardui a trial? It should surely do for you what it has done for so many thousands of other women who suffered—it should help you back to health.

Ask some lady friend who has taken Cardui. She will tell you how it helped her. Try Cardui.

All Druggists

NOTICE

Notice is hereby given to all concerned, that a meeting of the City Council of Fernandina, Fla., sitting as a Board of Equalization on November 25, 26 and 27, 1919, the following-described property was raised to the amount set opposite thereto. Notice is also given that a meeting of the City Council will be held on Wednesday, December 17th, 1919, at 8 p. m., at the Council Chamber in the City Hall, to hear complaints, if any there, why the valuation raised by the City Council shall not stand:

Name	Description	Assessed	Proposed
J. H. P. Morrow Estate	Improvements on lot No. 1, block No. 3	\$ 1,000	\$ 1,500
J. A. Smith	Improvements on lot No. 14, block No. 18	500	500
W. S. R. Angel	On lot No. 4, block No. 23	300	300
W. S. R. Angel	Improvements on lot No. 16, block No. 25	500	500
Mrs. C. L. Smith	Improvements on lot No. 13, block No. 26	300	300
J. R. Mann	Improvements on lot No. 9, block No. 28	500	500
A. S. Allan	Improvements on lot No. 2, block No. 30	400	600
W. S. R. Angel	Improvements on lot No. 4, block No. 32	350	350
M. A. Lee	Improvements on lot No. 6, block No. 32	400	400
O. A. Riddle & Son	On lot No. 4, block No. 33	400	450
Fodale Bros	Improvements on lot No. 10, block No. 39	800	1,200
A. S. Allan	Improvements on lot No. 1, block No. 47	200	200
Irving Frances	Improvements on lot No. 8, of a block No. 48	100	100
Chas. Williams	Improvements on lot No. 8, of a block No. 49	100	100
Preston Cunningham	Improvements on lot No. 8, of a block No. 71	100	200
Chas. A. Flood	Improvements on lot No. 8, of a block No. 134	200	300
S. H. Swearingen	Improvements on lot No. 2, of a block No. 134	200	300
Seaboard Air Line Ry.	Improvements on lot No. 2, of a block No. 134	200	300
J. T. Jewell	Improvements on lot No. 2, of a block No. 250	650	750
J. M. Zell and others	Improvements on Water Lot No. 1	3,000	4,000
M. Zell and others	Improvements on Water Lot No. 2	2,500	3,000
L. G. Hirth	Improvements on Water Lot No. 3 and No. 4	1,000	1,400
Fernandina Packing Co.	Improvements on Water Lot No. 3 and No. 4	2,000	4,000
Lottin Land Co.	Improvements on Water Lot No. 35, 36 and No. 37	2,000	2,000
Fernandina Packing and Forwarding Co.	Improvements on lots 1 to 6, block No. 28, Old Town	250	250

PERSONAL

Name	Assessed	Proposed
Amelia Fish & Prawn Co.	\$ 1,000	\$ 1,000
Atlantic Fish & Shrimp Co.	1,000	1,000
Anderson, J. W.	500	500
Assumpcao, Manuel	500	500
Assumpcao, Domingos	500	500
Burgess, G. C.	250	250
Bell, W. H.	1,000	1,000
Brown, S. S.	250	250
Benjamin, Maggie	20	20
Black, Mrs. M.	200	200
Barnes, O. W.	250	250
Bertie, H. H.	100	100
Bartlett, W. A.	150	150
Battiste, Johnnie	75	75
Baker, Henry	50	50
Carroll, P. P.	500	500
Celestino, Joe	500	500
Cross, Manuel	500	500
Crosson, J. R.	50	50
Cassidy, H. J.	150	150
Cubberly, H. L.	150	150
Cook, F. S.	250	250
Calhoun, Mammie	20	20
Danbury, O. J.	50	50
Davis, Miss C. M.	250	250
Davis, Allen	25	25
Onefield, Sam.	25	25
Dana, Tom	100	100
Davenport, A. B. C.	100	100
Do, Domingo	1,000	1,000
Douglas, M. C.	1,500	1,500
DeMott, Robt.	100	100
Ellerson, R. M.	50	50
Fernandina Cash Grocery	2,000	2,000
Ferreira, L. A.	1,000	1,000
First National Bank	62,000	62,000
Floyd, C. A.	25	25
Fernandina Lumber Co.	2,500	2,500
Fisher, Morris	1,500	1,500
Fernandina Packing Co.	1,000	2,000
Fernandina Pack & Forwarding Co.	800	2,500
Fodale, M.	250	250
Ferreira, Chas. V.	100	100
Gatewood, Bertha	150	150
Grunwald, L.	1,000	2,000
Glover, Aetna	50	50
Gentile, Joe	500	500
Gluck, S. W.	50	50
Harris, Corne	50	50
Harris, Geo.	25	25
Hernandez, F. E.	150	150
Hardee, Jno. H.	1,000	1,000
Hofstein, F. H.	1,000	1,000
Harvey, M. H.	50	50
Harrison, Ellen	250	250
Hale, B. G.	200	200
Johnson, John	50	50
Haverstick, O. M.	100	100
Jones, W. H.	100	100
Jones, H. J.	50	50
Jones, L. A.	100	100

SKY ONLY, LIMIT FOR NEWSPAPERMEN
HERE IS ONE WHO BECAME A BISHOP

Rt. Rev. Charles Sumner Burch, for Thirteen Years an Editor, Now One of Joint Commission Directing Nation-Wide Campaign.

Out of the noise and tension of editorial rooms, newspapermen have gone to positions strangely contrasted to those they left.

Here is one who left the editorial desk to achieve a bishop's robes.

For 13 years he was Charles Sumner Burch, newspaper editor of Kansas City and Detroit. Today he is the Right Rev. Charles Sumner Burch, Episcopal Bishop of New York.

Formerly his words went from the typewriter to the composing room and so to the columns of the dailies, to help mould public opinion. Now they go out to the members of the Episcopal Church in the Diocese of New York, and beyond, helping to inspire the Church to meet the responsibilities which the day of reconstruction has laid upon it.

For when the supreme body of the Church, the triennial general convention, met recently in Detroit—the city where the Bishop of New York once turned out "copy" for the press—it appointed him to the Joint Commission which, with the authority of the entire Church behind it, is directing the \$4,000,000 Episcopal Nation-Wide Campaign by which the Church plans to expand its work in every field and play its full part in building a new order out of the present chaos.

Bishop Burch saw—perhaps with the old "news sense"—the importance of the Nation-Wide Campaign from the first.

"Providence," said he, in his first pastoral address to the Diocese of New York, following his elevation to the bishopric, "has furnished us, at the beginning of our new pastoral relationship, with a task worthy of our highest powers."

"The Nation-Wide Campaign is intended to reach and touch the life and purpose of every man, woman and child connected directly or remotely with the Church's existence. If the Church of Christ is to hold fast to and conserve the great spiritual values won through the heroic sacrifices willingly offered by our brave men and boys in the world's most tragic war, it must awaken in each man a keen sense of his individual responsibility for conserving these values."

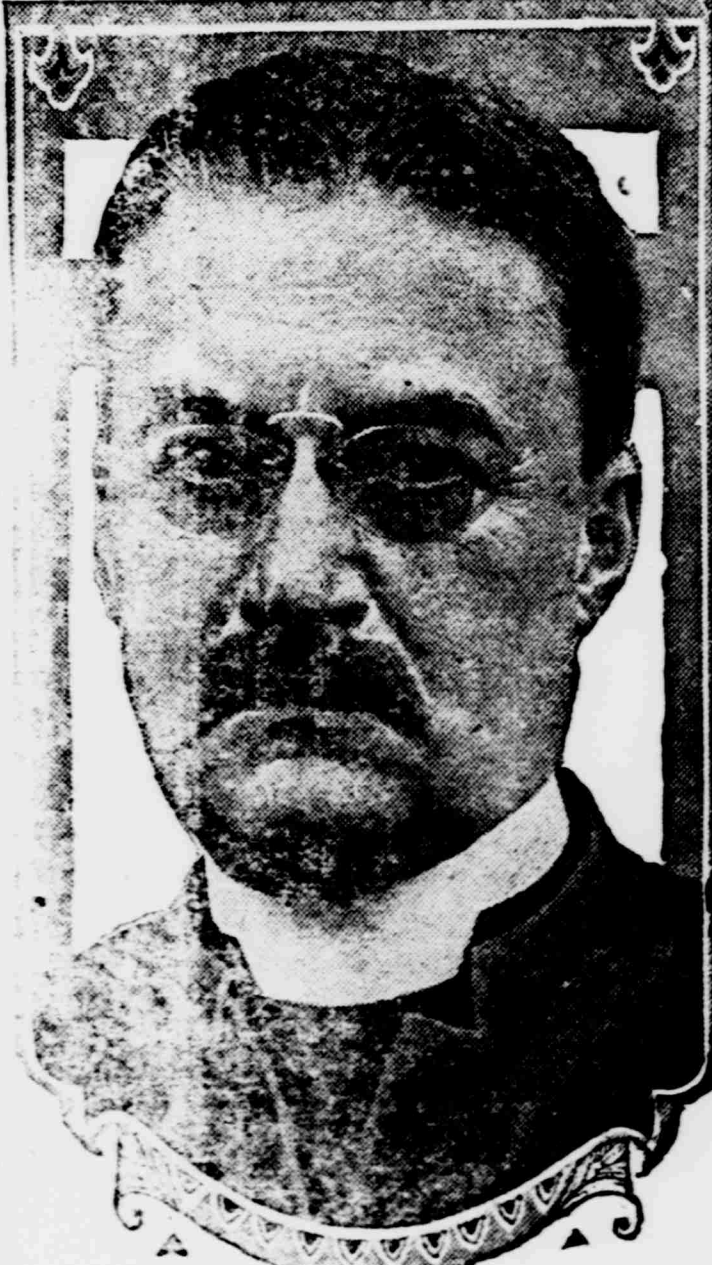


Photo by Paul Thompson
Rt. Reverend Charles Sumner Burch